



THE TRANSFORMATIVE POWER OF THE THERAPEUTIC RELATIONSHIP ON FILM AT GXC

Research shows that empathy, warmth, and a strong therapeutic alliance are crucial for positive therapy outcomes. (APA)

But how can therapists best learn to cultivate these vital qualities?

Imagine, through video and film, witnessing master therapists in action, capturing the subtleties of their interactions, and learning firsthand how they build powerful therapeutic relationships.

The 1965 Gloria videos with Carl Rogers, Fritz Perls, and Albert Ellis revolutionized psychotherapy training by doing just that.



Victor Yalom

Victor Yalom, PhD, is the founder of Psychotherapy.net. He maintains a full-time practice psychology practice, as well as leading psychotherapy and consultation groups. He has produced over 100 training videos and has been privileged to work with, existential-humanistic psychologist James Bugental, and his father Irvin Yalom.

Experience Victor's use of session recordings as a learning style live at #GXC2024. In both of his

sessions, "Working in the 'Here and Now': Deepening Therapeutic Encounters" and "Experiential Techniques for Moving Beyond 'How Do You Feel?'" , Victor will use recorded sessions to demonstrate transformative techniques that help clients fully experience their emotions and improve their relationships.

[Read more about Victor](#)



Terry Real and Michelle Esrick

Relational life expert Terry Real and renowned filmmaker Michelle Esrick will present "A Relational Life!" Esrick has been documenting Real's journey and the development of Relational Life Therapy. Their powerful friendship and commitment to relational skills make this their most impactful project yet.

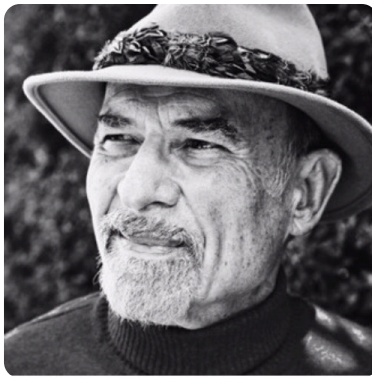
[Read more about Terry](#)

[Read more about Michelle](#)

Psychotherapy.net Film Room

Immerse yourself in the wisdom of legendary therapists at the Psychotherapy.net film room. Gain insights from an exclusive collection of films featuring legends of therapy. Inspired by Victor Yalom's recordings of James Bugental, PhD, this is a unique chance to learn from the field's foremost experts.

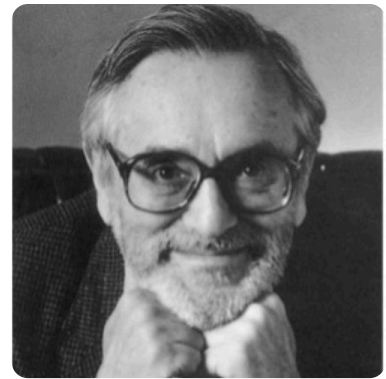
Featuring:



Irvin Yalom, MD:
Major figure in psychotherapy, author of *The Theory and Practice of Group Psychotherapy*.



Sue Johnson, PhD:
Pioneer of Emotionally Focused Couples Therapy (EFT).



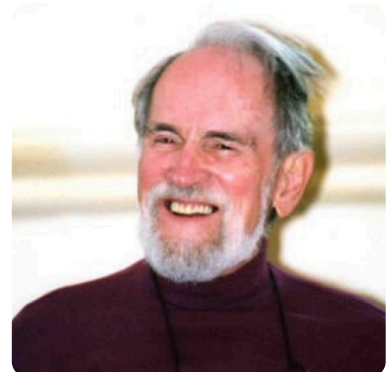
Salvador Minuchin, MD: Founder of Family Therapy, and developer of Structural Family Therapy.



Marsha Linehan, PhD: Developer of Dialectical Behavior Therapy (DBT).



Jay Lappin, MSW, LCSW: Expert in Structural Family Therapy.



James F.T. Bugental, PhD: Leading spokesman for Existential-Humanistic Psychotherapy.



Erving Polster, PhD:
Director of The Gestalt
Institute of San Diego.

[Read more about the Psychotherapy.net Film Room](#)

**Join us at #GXC2024 and transform your therapeutic practice
with the power of film.**

[Book Your Ticket Today](#)



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